AMERICAN CENTER OF BIOFEEDBACK AND STRESS CONTROL

FRANCIS J. RIBA, Ph.D., DIRECTOR

RUE LOUIS CURVAL 6 1206 GENEVA SWITZERLAND TELEPHONE: (022) 46 74 14 TELEX: 429 993 TXC CH MAILING ADDRESS: P.O. BOX 52 1211 GENEVA 25 SWITZERLAND

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Mr. Hugo Soder New Space S.A. 1020 Renens

Dear Mr. Soder,

This letter is to inform you of our experience with the Navette Relaxman. It has been our observation that the utilization of the Navette Relaxman, is an effective and efficient stress reduction method. Results of tests conducted at our psychophysiological laboratory show substantial reductions in sympathetic autonomic arousal and excessive muscle tension in just a single session using the Navette.

We feel that the Navette Relaxman is an invaluable asset for:

- 1. reducing stress levels
- 2. increasing energy levels
- 3. improving sleeping patterns
- 4. improving concentration
- 5. enhancing athletic performance
- 6. overcoming jet lag

In short the consistent deep physical and mental relaxation that is achieved using the Navette Relaxman presents unprecedented implications and applications in the areas of health improvement and human potential maximization.

Finally, we foresee in the near future the use of the Navette Relaxman as a stress management tool in corporate settings and stress management clinics.

Sincerely,

Francis J. Riba, Ph\D.

Director

American Center of Biofeedback and Stress Control

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